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# The Wire

Volume 4 Issue 3

December 2020

## Cards for Care Virgin Radio Winnipeg

Want to help spread cheer during the holiday season?

Write/make/create your own card for a senior and we will pass it along. The wonderful staff are ready and waiting to receive the cards and read them to the residents. This will truly be a highlight of the holiday season, a heartfelt message for them to hear, from You!

The staff and residents are excited to receive your messages of holiday cheer! Mail is the preferred method of receiving your cards.

Send your cards to:

**CARDS for CARE**  
c/o 1445 Pembina  
Hwy

Winnipeg Manitoba  
R3T 5C2

There are many seniors that are going to be thrilled to receive your holiday wishes, Misericordia Place, Luther Home, Vista Park Lodge just to name a few!

Deadline: December 15, 2020



# Cooking with Gwen

Gwen is the Meal Coordinator for both Sanford and Starbuck GEMS Meal programs. Her love of Seniors and cooking is apparent as everything she makes is fantastic!



## Easy No Bake Classic Woolworth Cheesecake

### Ingredients:

- 1 3oz lemon Jell-O
- 1 cup boiling water
- 1 box graham cracker crumbs (3 cups) more for thicker crust divided
- 1 stick melted butter
- 1 8oz cream cheese
- 1 cup granulated sugar
- 5 tbsp lemon juice
- 1 can evaporated milk, well chilled or 1 1/2 cups heavy whipping cream

### Directions:

1. Dissolve Jell-O in boiling water. Cool until slightly thickened.
2. Mix 3/4 graham cracker crumbs and melted butter until well blended, press into bottom of the 9 X 13 pan to form a crust. Save rest of crumbs to sprinkle on top of dessert.
3. Beat the Evaporated milk/heavy cream until fluffy.
4. In a separate bowl, beat cream cheese, sugar and lemon juice with mixer until smooth.
5. Add thickened Jell-O and slowly mix in whipped evaporated milk.
6. Spread filling over the crust and sprinkle with reserved graham cracker crumbs on top.
7. Chill at least 2 hours and up to overnight, store covered in refrigerator.

## Jig Saw Puzzle Loan Program

If you love jig saw puzzles and would like to try different ones, give Leanne a call to arrange to borrow one.



## Upcoming Programs

### Free Telephone Bingo

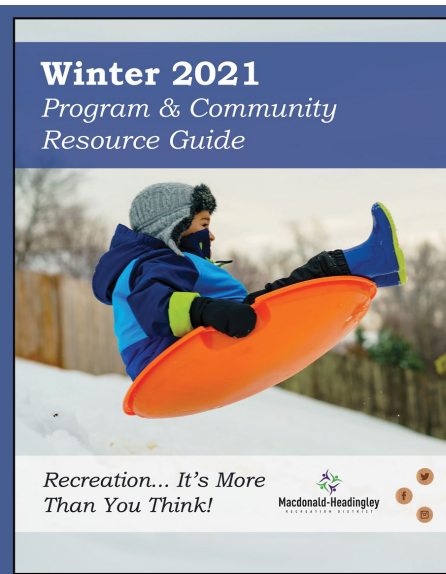
Every Wednesday at 1:30 p.m.

January 6th – March 31st



Call Leanne at 204-735-3052 to get your cards and telephone access code.

Fun! Fun! Fun! and a few prizes too!



Winter 2021 Program & Community Resource Guide is  
**COMING TO TOWN!**

The Macdonald-Headingley Recreation District is excited to announce that the Winter 2021 Program & Community Resource Guide will be ONLINE and OPEN for registration beginning of December! Stay tuned for the amazing programs coming your way in the new year!

[www.MHRD.ca](http://www.MHRD.ca)

For more information and updates:  
Call 204-885-2444 Email [info@mhrd.ca](mailto:info@mhrd.ca)



## Holiday Choir

Do you like to sing?! Do you like to spread holiday cheer?! Join in on our virtual sing-a-long! Record yourself and the family singing along to a holiday favourite (music provided when registered) and submit your video to us! The elves will work their magic to combine all of the entries to create a memorable and joyous collaboration for the festive season! So get on your ugliest holiday sweaters and get ready to deck the halls!

Register now! Deadline to submit is December 12



\*No experience necessary

\*Holiday Spirit Recommended

For more information and to register your household go to [www.mhrd.ca](http://www.mhrd.ca) or contact us at E: [info@mhrd.ca](mailto:info@mhrd.ca) P: 204-885-2444

*I don't remember what I  
had for Christmas when  
I was one, two, six, or eight*

**I DO REMEMBER MY GRANDADS ROAST POTATOES AND  
MY NANNAS TABLE CLOTH.**

**I REMEMBER US SQUISHING AROUND A TABLE AND IT  
FEELING MAGICAL.**

**I REMEMBER THE MAGIC OF THE TIN OF CHOCOLATES  
BEING PASSED AROUND.**

**I REMEMBER PLAYING GAMES WITH FAMILY.**

**I REMEMBER WALKING UP A COLD, FROSTY PATH AND  
FEELING WARM INSIDE.**

**I REMEMBER THE SMELL OF MY GRANDADS COLOGNE.**

*It's the memories that make the magic  
last a lifetime not the gifts!*

*swirls & smoothies*

Sp Adobe Spark

There are many interesting and educational programs being offered online. If you are connected to the internet but are unsure on how to access these programs or would like some help with apps like ZOOM, call Leanne for information.

## Holiday String Art for Adults

**Thursday, December 10**

**6:00 pm - 8:00 pm**

**Online Program via Zoom**

Jump in to the holiday spirit with some do it yourself holiday string art! You will use a hammer, nails and string to create a piece to jazz up your home decor. Our instructor will guide you through to the completion of the project. Supplies included and will be available for pick up or delivery upon confirmation of the program.



**Macdonald-Headingley**  
RECREATION DISTRICT

**Register by December 3**

**To Register:**

**Call: 204-885-2444**

**Visit: [www.mhrd.ca](http://www.mhrd.ca)**

**Email: [info@mhrd.ca](mailto:info@mhrd.ca)**

## **Macdonald Services to Seniors**

Leanne Wilson  
Box 283

5-38 River Ave  
Starbuck, MB R0G 2P0  
Phone: 204-735-3052  
E-mail:  
mssi@mymts.net

### **Macdonald Seniors Advisory Council (MSAC)**

Ray & Joyce Kasur:  
204-736-3734

Vic & Viviane Bossuyt:  
204-895-0049

Carol & Dennis

Pascieczka:  
204-736-2681

Cindy Bestland:  
204-736-2667

Becki Ammeter:  
204-735-2380

Judy Shirliff:  
204-997-7966

Bernice Valcourt:  
204-272-5586

Barry Feller:  
204-736-4433

Susanne Moore:  
204-885-2444

## **Helping seniors remain in their own homes**

M.S.S. is a service to all older adults within the R.M. of Macdonald.

We can help with transportation, home and yard maintenance, house-keeping, foot care, medical equipment loans, filling out forms, accessing information, Victoria Lifeline and ERIK. Please call for information.

M.S.S. relies on volunteers and service providers to help older adults remain in their own homes for as long as possible.

If you have a few hours to give, please call Leanne to see how you can be of service. We are always looking for people to help with transportation, light house cleaning, or even friendly visiting.

### **Service Providers Featured in Previous Issues:**

#### **Foot Care:**

Karen Dingman: 204-996-2376

Leanne Maes: 204-771-4030

#### **Hair Care:**

Hair I Am Mobile Salon: Leah Macaulay—204-470-2727

If you offer services for seniors, and would like to be featured in this newsletter, please contact Leanne

**Macdonald Services to Seniors is in Need of  
Drivers, and House and yard maintenance  
in all communities.**

**If you are interested in putting your name forward to  
be contacted when someone requires help with trans-  
portation or light house cleaning, please call Leanne.**

