



# GEMS

## April 2022

A Meal Program for Older Adults living in the RM of Macdonald



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Brunkild Hot Pork Sandwich	5	6 Starbuck Hot Pork Sandwich	7 Sanford Hot Pork Sandwich	8	9
10	11 La Salle Easter meal	12	13 Starbuck Easter Meal Soup to You	14 Sanford Easter Meal Soup to You	15 Good Friday	16
17 Easter	18 La Salle Chicken Cordon Bleu <b>Presentation: Emergency Preparedness 12:45 Caisse Community Centre</b>	19	20 Starbuck Shepherd's pie <b>Presentation: Emergency Preparedness 12:45 Starbuck Hall</b>	21 Sanford Shepherd's pie <b>Presentation: Emergency Preparedness 12:45 Sanford Legion</b>	22	23
24	25 La Salle Pulled Pork on a Bun	26	27 Starbuck Chicken Parmesan	28 Sanford Chicken Parmesan	29	30

Please call Leanne at 204-735-3052 to sign up no later a couple days before each week's meals.

**We will try to accommodate special dietary requests.**

Menu subject to change.

**Please call ahead to confirm.**

**\$9 per person**